

Sea Kayaking Basic Safety Gear

- Non-cotton base layers for warmth and insulation
- Wetsuit (Farmer John style) or drysuit
- Paddle jacket
- Booties
- PFD—A Coast Guard-approved PFD (Personal Flotation Device) must be carried by all boaters. We insist that you carry it on your body, i.e. you wear it. Then it is there when you need it most.
- Whistle: Attach permanently to your PFD
- Spray skirt
- Food and water

In the Kayak

- Bilge pump
- Paddle float
- First Aid kit
- Tow rope—Attached to the body or the boat, with quick release
- Spare paddle—At least one for the group
- Signaling devices—Flares or smoke guns
- Bail-out bag—With an extra set of dry clothes, food, basic repair kit

Other Items that can be Handy or Essential (Depending on Conditions)

- Navigation aids (Map, compass, GPS)
- Helmet—When paddling close to rocks or doing surf launches and landings
- Neoprene cap and gloves
- Sunglasses and sunblock
- VHF radio
- Watch
- Knife
- Sponge