

Seakayaking Basic Safety Gear

- Non-cotton base layers for warmth and insulation
- Wetsuit (Farmer John style) or drysuit
- Paddle jacket
- Booties
- PFD - a Coast Guard approved PFD (Personal Flotation Device) must be carried by all boaters - we insist that you carry it on your body, i.e. you wear it. Then it is there when you need it most
- Whistle - attach permanently to your PFD
- Spray skirt
- Food and water

In the kayak:

- Bilge pump
- Paddle float
- First Aid kit
- Tow rope - attached to the body or the boat, with quick release
- Spare paddle - at least one for the group
- Signaling devices - flares or smoke guns
- Bail-out bag - with an extra set of dry clothes, food, basic repair kit

Other items that can be handy or essential (depending on conditions)

- Navigation aids (Map, compass, GPS)
- Helmet - when paddling close to rocks or doing surf launches and landings
- Neoprene cap and gloves
- Sunglasses and sunblock
- VHF radio
- Watch
- Knife
- Sponge